



Royal Hospital for Neuro-disability

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THE ROYAL HOSPITAL 
AND HOME FOR INCURABLES 
WEST HILL, PUTNEY, LONDON SW15 3SW

Report for the year ending
30th September 1985



Her Majesty The Queen visited the Hospital on 5th March 1985 to open Drapers Wing.

PATRONS	
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HER MAJESTY QUEEN ELIZABETH THE QUEEN MOTHER	
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HIS GRACE THE DUKE OF DEVONSHIRE PC MC	
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CHIEF EXECUTIVE

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DIRECTOR OF MEDICAL & RESEARCH SERVICES

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SARAH WILSON PhD BSc AB PhD Research Psychologist
MYRTLE ZEITLYN BSc (Econ) Research Information Officer
E BOOTH C Eng M Mech E
G WYLIE BSc C Eng MEE

RESEARCH CONSULTANT ENGINEERS

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DR MAUREEN A TUDOR MB BS DObst RCOG

MEDICAL OFFICERS

DR BARBARA DAVIES BSc MB BS DCH DRCOG MRCP
DR W J HASTINGS SAYERS LRCP LRCS LRPPS (John Howard House)
DR A G HUFF MB BS DObst RCOG MRCP
DR R P C MULCAHY MA MB BS DRCOG
DR H M O'CONNOR MB BS LRCP MRCS
DR HAZEL RICHARDSON MA BM BChir MRCP

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ORAL SURGEON: C B PARKER FDS RCS
OPHTHALMOLOGIST: W E S BAIN FRCS
N MOORES FRCS

DENTAL SURGEONS

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R J HUNTER LDS RCS (John Howard House)

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SUPERINTENDENT PHYSIOTHERAPIST: MRS P M POPE BA
MSc MCSP

HEAD OCCUPATIONAL THERAPIST: MRS E M WILSON Dip COT

SENIOR SPEECH THERAPIST: MRS R GILCHRIST LCST

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D T ASHWORTH

CONSULTANT HEALTH & SAFETY

J R JARRATT MSc Chem FRIC CGIA MISSO Dip SM

SENIOR CHAPLAIN

REVEREND T J THOMAS BA

DIRECTOR OF APPEALS & PUBLICITY RHHI

DIRECTOR OF THE DEVELOPMENT TRUST FOR

THE YOUNG DISABLED

Air Commodore D F RIXSON OBE DFC AFC FBIM

DESIGNATE: Captain A D HUTTON OBE ADC

BANKERS

NATIONAL WESTMINSTER BANK PLC, 250 Wimbledon Park Road,
W19 6ND

WILLIAMS & GLYN'S BANK PLC, 67 Lombard Street, EC3

SOLICITORS

MESSRS FARRER & CO, 66 Lincoln's Inn Fields, WC2

INVESTMENT BANKERS

J HENRY SCHRODER WAGG & CO PLC, 120 Cheapside, EC2

AUDITORS

MESSRS HELMORE, HELMORE & CO, Chartered Accountants,
25-27 Grosvenor Gardens, SW1

ADVERTISING CONSULTANTS

J WALTER THOMPSON COMPANY PLC, 40 Berkeley Square, W1

The Charity's Current Objectives

To provide high standards of medical, nursing care and rehabilitation for those suffering from severe physical disability as a result of accident or disease.

To provide a secure and relaxed home for severely disabled people with as much personal independence as possible for those who desire it.

To provide the resources of rehabilitation medicine to bridge the gap between hospital and residential care and living in the community.

To provide day-hospital facilities for disabled people who are still able to live at home.

To promote the education, welfare and rehabilitation of disabled people and their integration within the community.

To carry out and encourage research to improve the care and quality of life of disabled people.

To promote teaching programmes and publications, and to disseminate information on the treatment and care of severe physical disability.



The new Van Zwanenberg Gymnasium.

Her Majesty The Queen's Visit

Her Majesty The Queen visited the Hospital on 5th March to open the new wing for long term rehabilitation. Her Majesty named the wing "Drapers Wing" in recognition of the generosity of the Drapers Company to this Hospital and to the Development Trust for the Young Disabled. It was a splendid occasion for us all and we are most grateful to Her Majesty for the kindness she showed to the Royal Hospital and Home by her visit.

It was also a pleasure to record that Her Majesty named the new Gymnasium in Drapers Wing "The Van Zwanenberg Gymnasium", after the Chairman of the Development Trust for the Young Disabled, Mr Jack van Zwanenberg, and his wife, Mrs Rosemary van Zwanenberg, both of whom have contributed so generously in many ways to the Hospital. It has also given much pleasure to everyone that Her Majesty named the Sitting Room in the ward unit, "The Charles Vaughan-Lee Room", in memory of the late Chairman of the Board.

The Hospital is delighted with the new building and much praise is due to our Architects, Hammett, Norton

& Drew, and to the Contractors, James Longley & Co. Ltd. This is the third major building to have been completed for the RHHI in the last ten years by these Architects and Contractors and an excellent team spirit and mutual trust have developed.

Drapers Wing

The Wing was planned for our new concept of long term rehabilitation. The RHHI has pioneered this concept of developing a bridge between residential care and living at home by providing rehabilitation facilities of exceptional quality combined with high dependency nursing. Since the Wing became operational last year the twenty-bed ward has admitted 45 patients and discharged 27. It already has the reputation in this country of being one of the first centres for the rehabilitation of young adults who have suffered brain damage with severe physical injuries as a result of road traffic accidents.

The work of the ward unit is carried through into the Day Hospital, which is developing well although there is still spare capacity. This is an essential part of our



The new Drapers Wing, a major development of the Hospital, has been opened by Her Majesty The Queen on 5th March 1977. The Wing is a twenty-bed ward unit for long term rehabilitation of young adults who have suffered brain damage with severe physical injuries as a result of road traffic accidents. The Wing is a major development of the Hospital and is a testament to the generosity of the Drapers Company and the Development Trust for the Young Disabled.

Occupational Therapy in the Day Hospital.



overall concept of care, providing hospital treatment and nursing care for disabled people who are still able to live at home. Several of our Day Patients are people who have been discharged from the Rehabilitation Unit.

The Functional Assessment Unit provides a bedroom, sitting room, bathroom and kitchen for assessing the needs of patients for the activities of daily living. It is in frequent use and gives valuable support to patients before they are discharged home. It also enables assistance and advice to be given to disabled people living at home on the adaptations they require to improve their quality of life.

The Gymnasium has greatly increased the therapy and recreational facilities of the Hospital and, in addition to the more usual therapy programmes, it now provides archery classes and airgun shooting practice.

The Rehabilitation Engineering Unit has received Approved Repairer status from the DHSS and it works closely with the staff of the Artificial Limb and Appliance Centre at Roehampton and Kingston and with the Handicapped Children's Aid Committee. Patients have been referred to it for mobility devices from all over the United Kingdom and from as far afield as South Africa and Israel.

Project New Look

The Board of Management's policy has always been to keep the interests of the more residential parts of the Hospital as well endowed as the newer departments. Project New Look is not a scheme of superficial refurbishment; it is a long-term, and inevitably costly, programme of major renovation to bring the older wards up to the standards of the new. The first phase has been to develop half of Glyn Ward and this has now been completed. The next step, starting in March 1986, will be the conversion of the two large dining rooms on the ground floor into new ward areas. These will provide 30 beds and will initially be used to accommodate patients from the eight old wards whilst they are being renovated in turn. At the same time a new lift will be constructed to serve Evitt and Glyn wards. Because we will be maintaining our full complement of 300 patients throughout the project, we will only be able to renovate one ward at a time, which means that it is likely to be some five years before Project New Look can be completed.

Self-Care Unit

The Board have been considering the most appropriate use for Chatsworth Wing. Before Drapers Wing was



Activities of daily living in the Functional Assessment Unit.



Activities of daily living in the Functional Assessment Unit.

available the Peacock and Wolfson hamlets within Chatsworth were used as a trial area for the long term rehabilitation programme. They are now being used as a self-care unit to encourage independence and to prepare patients for moving out into the community. During the year three of the 14 patients in the self-care unit have been discharged to their original homes or to specially adapted accommodation.

Project Independence

The proposal to build an integrated housing scheme for physically disabled people and able-bodied families on some two and a half acres on the South side of the Hospital, which was described in last year's Report, has now received planning consent. Detailed planning is in progress with Habinteg Housing Association Ltd. and Wandsworth Borough Council, and, if all goes well, the project could be completed within three years. The co-location of independent living accommodation with our residential, rehabilitation, and day hospital facilities will complete the circle of care available for disabled people at Putney.

John Howard Nurses Homes

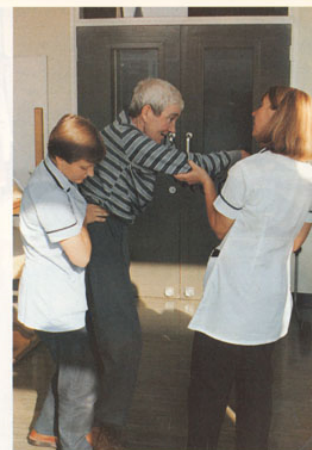
On 1st October 1985 the RHHI assumed the Trusteeship of the John Howard Nurses Homes. This is a separate charity responsible for 24 self-contained flats and cottages for retired nurses on a pleasant two acre site adjoining John Howard House, our Hospital at Brighton.

Patients and Staff

The severity of disablement of the patients being admitted to the Hospital seems always to be increasing and this, with the expansion to 300 beds and the extra demands of running the new Rehabilitation Unit, has placed a heavy burden on the care staff. At the same time, many new procedures and much new equipment have been introduced during the year, which has meant a considerable training effort for everyone. Despite all this the staff have risen magnificently to the occasion and morale is high. This year's winner of the BP Travelling Scholarship for Nurses visited independent living accommodation for disabled people in Sweden and her excellent report will be useful in the planning of Project Independence.



Automated Psychological Testing can be fun.



Physiotherapy takes place on the wards as well as in the well-equipped Physiotherapy Department.



The two new classrooms, which were constructed this year above the Andrew Day Room, have enabled us to increase the teaching function which is so important for improving professional standards both for our own staff and for others who are concerned in the care of severe physical disability.



The Self-Care Unit in Chatsworth Wing.



The Glyn Ward extension is an example of what the Main Hospital Wards will be like when Project New Look has been completed.



Left: Music therapy.



Left: The Haslemere Hydrotherapy Pool.



Above: Keyboard training in the Communications Room.

By the time this report is printed Air Commodore D. F. Rixson, who has been an outstanding Director of Appeals and Publicity for the Hospital for the past 15 years and Director of the Development Trust for the Young Disabled since its formation in 1974, will have retired. He has had a marvellously successful second career and both charities owe him an immense debt for all that he has achieved on their behalf. We wish him and his wife a long and happy retirement. Captain A. D. Hutton RN (ret'd) has been appointed to succeed him in December 1985.

The Prince of Wales Advisory Group on Disabilities' guidelines on "Living Options" emphasised the need to use services, such as ours, for assessment, transitional rehabilitation and respite care on a planned basis, and to provide more home care and independent living schemes. Following these guidelines we have initiated studies to examine how our concept of care should be developed to suit the needs of severely disabled people in the future. One particular area of study is the care requirements of those whose disabilities are compounded by brain injury.

Research

The research projects are making good progress. The Psychological Test programme is now involved with functional assessment and dependency evaluation, a joint project which has great bearing on the work here. Valuable statistical information has been obtained from the Patient Census, now completing its fifth year. In the Engineering Unit field trials are taking place of an elevating seat wheelchair and a tilting-back wheelchair. Dental studies now include a prospective survey of the dental status of disabled people; a subject surprisingly little explored.

Research Advisory Committee

We are very pleased to welcome Dr R. D. Catterall, Dr Paul Strickland, Mr D. R. Sweetnam and Professor A. G. W. Whitfield to membership of the Committee this year.

The Development Trust for the Young Disabled

The support from the Chairman and Trustees of the Development Trust has again been outstanding and



Air Commodore Dennis Rixson wishes to thank all the thousands of supporters who have responded so generously to his appeals on behalf of the patients at Putney and Brighton over the last fifteen years.



One of the Rehabilitation Engineering Projects.

Sir Neville Leigh, formerly Clerk to Her Majesty's Privy Council, has now become a trustee. Research projects to help severely disabled people have been undertaken with other organisations, including the Royal College of Physicians, the Royal Society of Arts, and the Royal National Orthopaedic Hospital. The Trust has launched a European medical association (the Throgmorton Club) to promote the newer concepts of residential care, and the RHHI benefits from this relationship. The second European Seminar will take place in Drapers Hall on 10th and 11th October 1985 to study "The Care of Disabled People: Residence or Residential Care — The Need for Assessment and Classification".

From the formation of the Trust in 1974 to June 1985 a total of £2,558,924 has been raised to help the RHHI and severely disabled people.

Authorised Visitors and Voluntary Workers

We are most grateful to all those who so generously give their time to visiting patients and to helping with the work of the Hospital.

Voluntary Supporters

The County Committees have had their many usual outside functions, all of which were financially successful and, perhaps more importantly, brought in more friends to support the Hospital. They are always looking for new members. Their activities have been as varied as ever, from individual house parties, garden parties, car boot sales, fashion shows and ceramic lectures to a Christmas Fair. To all those concerned with raising money for the support of the Hospital, we give our heartfelt thanks.

Legacies

Legacies continue to provide a solid financial backing for our new developments and plans. All who read this report, and who support us, may wish to consider a legacy gift and also to pass the suggestion to friends. Gifts to registered charities such as the RHHI and the Development Trust for the Young Disabled need not have much financial effect on personal beneficiaries, but they would enable us to help others who are severely disabled, to have a longer, happier, and possibly more active life.



The Annual Garden Party at Putney.



The Royal Military School of Music's Band Concert on the South Terrace

Finance

Details of this year's income and expenditure and the balance sheet are set out at the end of this Report.

Renewed Thanks

In concluding their report to the Governors, the Board of Management express their deep appreciation to all our staff and to all those who have helped the Royal Hospital and Home this year. No charity can hope to flourish without such devotion and generosity. This continuing support from every side encourages and inspires us to redouble our efforts to advance and increase the Charity's work for those for whom at present there is no known cure.

BANCROFT
Chairman of the Board of Management

All Governors of the RHHI are reminded that they are invited to attend the Annual General Meeting in the Conference Room in Alexandra Wing at the Hospital at 2.30 p.m. Monday 10th March 1986. The meeting will be presided over by our President, His Grace The Duke of Devonshire.

Income and Expenditure Account
for the year ended 30 September 1985

1984	NOTE	GENERAL FUND	RESEARCH FUND	OTHER FUNDS	TOTAL FUNDS
£		£	£	£	£
INCOME					
200,816		154,136	71,219	4,158	229,513
4,012,354		4,619,874		4,619,874	
257,861		167,525	76,337	30,922	274,784
443,975	4	17,116	2,666	(17,116)	—
4,914,916		5,461,739	150,222	17,964	5,629,925
EXPENDITURE					
247,182		271,675		271,675	
304,072	5	328,922		328,922	
329,913	5	391,516	20,300	411,816	
3,304,969		3,768,098	98,612	3,866,710	
196,032	5	176,667	25,672	208,565	
148,072	5	165,843	3,648	170,489	
274,425		237,361		237,361	
118,631	5	122,714	425	123,139	
1,418		1,383		1,383	
8,458				7,961	
3,190		2,560	1,367	3,927	
4,468		4,658		4,658	
7,232		5,173		5,173	
4,948,172		5,476,470	150,222	14,987	5,641,679
(33,256)		(14,731)	—	2,977	(11,754)

Balance Sheet
as at 30 September 1985

1984	NOTE	GENERAL FUND	RESEARCH FUND	OTHER FUNDS	TOTAL FUNDS
£		£	£	£	£
ASSETS EMPLOYED					
20,066		28,243			28,243
Fixed Assets					
1,707,208		1,286,012	749,398	263,423	2,298,833
Investments					
499,002		553,450	16,011	262	569,723
90,167		80,881			80,881
345,106		469,568	133,470		639,714
140,634		151,224		3,704	154,928
1,075,909		1,190,799	149,481	3,966	1,344,246
CURRENT LIABILITIES					
455,670		542,514	762	258	543,534
3,005		—	—	—	—
458,675		542,514	762	258	543,534
617,239		648,285	148,719	3,708	800,712
2,344,513		1,962,540	898,117	267,131	3,127,788
NET CURRENT ASSETS (Liabilities)					
2,643,279		1,224,294	744,241	255,978	2,224,513
290,960		861,575	150,000		861,575
180,000		—	—	—	—
104,432		141,007	3,676	8,176	153,059
3,218,671		2,226,876	898,117	264,154	3,389,147
(960,960)		(364,684)			(364,684)
Deduct: Capital Expenditure written off	2, 8, 10				
Surplus (deficit) for year transferred from Income and Expenditure		(14,731)		2,977	(11,754)
2,224,513		1,847,461	898,117	267,131	3,012,709
120,000		115,078			115,078
2,344,513		1,962,540	898,117	267,131	3,127,788

We have examined the above Balance Sheet dated 30 September, 1985 and the attached Income and Expenditure Account for the year to that date with the books and vouchers relating thereto, which are in accordance therewith. We have verified the whole of the investments and bank balances as provided by Ryan-Law 33 of the Royal Charter granted on 20 June 1919.

18th December, 1985

HELMORE, HELMORE & CO. Chartered Accountants
35/37 Grosvenor Gardens, London SW1 0BY

1. The Royal Hospital and Home for Incurables, Putney, is a charity incorporated by Royal Charter and registered under the Registered Charities Act 1960 (Reg. No. 205907).

2. ACCOUNTING POLICIES

2.1 Income is taken to the credit of the revenue account on an accruals basis.

2.2 Expenditure is charged to the revenue account on an accruals basis inclusive of VAT with the exception of the Hospital Shop and the Cafeteria which are charged net of VAT, and of the Dispensary where those items on which VAT is recoverable are charged net of VAT.

2.3 Amounts received from legacies are allocated to Capital account.

2.4 Expenditure on buildings, furnishings and equipment is written off in the year in which the expenditure is incurred. The Balance Sheet therefore shows no value for hospital premises, land, nurses' homes, staff housing, furniture and equipment.

2.5 Donated equipment and supplies are included within the expenditure at the cost to the donor, and within Voluntary Gifts.

2.6 Fixed Assets comprises ambulances and vans which are capitalised and depreciated straight-line over the estimated working life.

2.7 A more detailed analysis of various accounts in the 1985 Income and Expenditure Account has been provided and the comparative figures for 1984 have been adjusted to reflect this change.

3. INCOME TAX

All income tax paid by deduction at source has been refunded by or claimed from, the Inland Revenue.

4. OTHER INCOME (GENERAL FUND)

comprises:

	1985	1984
Dispensary—prescriptions dispensed	332,749	290,011
Ambulance	13,689	10,249
Board and lodging (staff)	44,449	40,305
Cafeteria	29,045	24,491
Rent (staff and visitors)	38,833	32,937
TV rentals	12,616	10,979
Hospital Shop	27,450	28,073
Sundry	6,255	1,744

5. SALARIES AND WAGES are included in other sections for the following:

Dispensary	75,257	75,981
Laundry (under Domestic)	79,382	75,260
Miscellaneous (under Domestic Maintenance)	15,048	15,766
Administration	147,593	138,978
Appeals and Publicity	39,640	49,918
	357,921	345,603

Notes on the Accounts

	1985	1984
General	1,288,012	1,161,669
Research	749,398	725,342
Endowment	84,882	745,103
Pensioners	96,908	128,528
Lopes Chaplain's Stipend	2,000	93,882
Robinson Trust	2,144	153,895
Patients' Amenities	33,342	2,064
Sir John Howard Trust	21,946	77,451
	23,645	25,717
	15,385	5,917
	17,267	10,643
	2,298,833	3,632,479
	1,707,208	2,889,372

7. THE DEVELOPMENT TRUST FOR THE YOUNG DISABLED

The Development Trust for the Young Disabled has made the following gifts to the Royal Hospital and Home for Incurables, Putney:

— Gift to the Research Fund	150,000
— Donations to the General Fund	7,622
— Donations to the Research Fund	56,490
	217,112

8. CAPITAL EXPENDITURE WRITTEN OFF DURING THE YEAR

Drapers Wing—Construction and Equipment	126,756
Training Accommodation—Construction and Equipment	138,353
Glyn Ward Extension—Construction, renovation and equipment	100,625
	365,734

9. MAINTENANCE RESERVE

Balance at 1.10.84	130,000
deduct: expenditure on major maintenance programme	(64,921)
add: transfer from Buildings and Plant	40,000
	115,079

10. CAPITAL COMMITMENT

The estimated amount outstanding, including consultants' fees, on the contract for Drapers Wing and Glyn Ward

	Endowment	Pensioners	Lopes Chaplain's Stipend	Robinson Trust	Patients' Amenities	Sir John Howard Trust	Total
ASSETS EMPLOYED	£	£	£	£	£	£	£
Investments at cost	93,882	96,908	2,000	33,262	21,986	15,385	263,423
Current Assets							
Sundry Debtors					262		262
Cash at Bank and on Hand	2,778				926		3,704
	2,778				1,188		3,966
Current Liabilities							
Sundry Creditors				258			258
Net Current Assets (liabilities)	2,778			(258)	1,188		3,708
	93,882	96,686	2,000	33,004	23,174	15,385	267,131
FINANCED BY							
Balances on Funds at 1.10.84	93,882	96,908	1,772	25,717	22,314	15,385	255,978
Gain on sale of investments	2,778	228		7,287	661		9,176
Surplus for year transferred	2,778				199		2,977
	93,882	99,686	2,000	33,004	23,174	15,385	267,131
INCOME							
Donations	8,692	11,739	232	6,322	4,158		4,158
Investment Income	(8,692)		(232)	(6,322)	2,067	1,870	30,822
— Transferred to General Fund						(1,870)	(17,116)
EXPENDITURE							
Miscellaneous expenses		11,739			6,225		17,964
Administration					6,026		6,026
Pensioners and Grants to Patients living at home		1,000					1,000
		7,961					7,961
		8,961			6,026		14,987
Surplus for year transferred	2,778				199		2,977



On 1st October 1985 the RHHI assumed the Trusteeship of the John Howard Nurses Homes, which are adjacent to John Howard House at Brighton.

CODICIL FOR EXISTING WILL

There have been many changes in Personal Estate Duty and you may care to add a Codicil to your Existing Will so that the Royal Hospital and Home for Incurables can benefit without affecting the other beneficiaries. Through your help we will be able to further our aim of the well-being, independence, and medical care for severely disabled people. Please consult your Solicitor (or we will be happy to do this for you) and consider this typical Codicil.

..... of
.....
HEREBY DECLARE this to be the Codicil to my Will which bears date the day of One thousand nine hundred and

1. **I GIVE** to the Royal Hospital and Home for Incurables, West Hill, Putney, London, SW15 3SW the sum of (in words) (£) free of duty **AND I DECLARE** that the receipt of the Treasurer or his Representative shall be a good and sufficient discharge for the same.
2. **IN** all other respects **I CONFIRM** my said Will.

IN WITNESS whereof I have hereunto set my hand this day of One thousand nine hundred and

SIGNED by the said as the)
..... Codicil to his/her Will which bears date the)
day of 19 in the presence of us both together)
who at his/her request in his/her presence and in the presence)
of each other have hereunto subscribed our names as)
witnesses.

Signature of First Witness	Signature of Second Witness
Address	Address
Occupation	Occupation

Legacy

"I give to THE ROYAL HOSPITAL AND HOME FOR INCURABLES, WEST HILL, PUTNEY, LONDON SW15 3SW the sum of £ free of duty. And I direct that the receipt of the Treasurer or his Representative shall be a good and sufficient discharge to my Executors."

Residue

"I give all my property not otherwise disposed of by this my Will subject to and after payment of my funeral and testamentary expenses to THE ROYAL HOSPITAL AND HOME FOR INCURABLES, WEST HILL, PUTNEY, LONDON, SW15 3SW, and I direct etc. (as above)."



John Howard House, our Hospital at Brighton for thirty-four long stay and rehabilitation patients.

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